Mind Australia Limited is a leading community managed specialist mental health service provider. We have been supporting people dealing with the day-to-day impacts of mental illness, as well as their families, friends and carers for 40 years.

We provide practical and motivational support that helps people develop the skills they need to move on, thrive and improve the quality of their lives. It’s an approach to mental health and wellbeing that looks at the whole person in the context of their daily life.
Position details

Community Mental Health Practitioner - Peer Practitioner

Position reference 18858
Position type Full time fixed term or part time fixed term available until 30 June 2019 working up to 38 hours per week
Classification Community Mental Health Practitioner (CMHP) Level 2/1
Remuneration $53,830 per annum (pro rata for part time) plus 9.5% superannuation and salary packaging

Service
Area/division/state Community Services & NDIS East
                    South East Community Services/South East Victoria /Victoria
Effective date November 2017

Position purpose

The Peer Practitioner will utilise their lived experience of mental ill health and recovery to provide specialist services to clients, families and carers, in line with Mind’s Model of Recovery Oriented Practice and according to the values of Mind.

The role’s primary focus will be on developing and facilitating groups and peer led education courses in line with Mind’s existing frameworks and guidelines along with support to individual customers and contributions to team development as required. The role will also include mentoring, coaching and recovery based practice.

Service information

The Peer Practitioner will sit within the Community Services & NDIS East Team. This comprises of Partners in Recovery, Yandina, MHAPD, FFS, NDIS, Mind Recovery College & PHaMs. The Peer Practitioner will support customers across these programs to ensure that lived experience frameworks are embedded across our practice.
**Peer Work**
- Utilise your own lived experience of mental ill health and recovery to inform your work and the work of the team
- Disclose your lived experience in an appropriate and purposeful manner to support, empower, bring hope, and support the recovery of clients
- Draw on the broader lived experience knowledgebase to inform your practice
- Support the team to understand and deliver services that are consistent with recovery oriented practice

**Undertake group work & education courses**
- Plan and develop group work programs & peer learning education courses that will assist customers to build their skills, focus on their recovery and remain in their natural community
- Deliver group work programs as the lead/co-facilitator based on peer values and principles
- Engage and support clients to plan and co-facilitate groups/events
- Evaluate and review group work programs & peer led education courses

**Provide direct support to individual customers**
- Work with customers to enable them to live a meaningful life through supporting them through a staged approach to recovery:
  - Establishing self-directed recovery relationships
  - Strengths identification and individual recovery plan development
  - Skill and capacity development
  - Engagement and maintenance of natural supports
  - Service exit and on-going self-management support
- Support customers in a range of areas including:
  - Understanding and managing clients own mental health
  - Developing daily living skills and capacity for self-care
  - Crisis and incident management
  - Addressing stigma
  - Having an awareness of trauma
  - Managing issues associated with drug and alcohol issues
  - Support to maintain or create meaningful activity through participating in community life, including education and employment and utilising public transport
- Purposefully engage with customers using techniques including:
  - Brief intervention
  - Motivational interviewing and coaching
  - Family inclusive practice
  - Trauma informed practice
  - Conflict resolution
  - Assessment of needs and risks
- Behaviour support for dual diagnosis
- Provide support, information and practical assistance for participants, their families and carers to prepare for and to access the NDIS
- Provide enhanced linkage support for people who will not be eligible for the NDIS or who choose not to access the NDIS
- Provide support to customers as directed by Service Manager

**Provide support to families and carers**
- Support family and carer roles through understanding their concerns and the provision of information, education and referrals
- Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships
Work with local service providers

- Engage with customers to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections
- Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community

Working in the customer’s community

- Build an understanding and awareness of risks that are particular to working solo in the community, including in the customer’s own home, and action as appropriate
- Work in a self-directed way to action, monitor and review the recovery needs of multiple customers living in their own community

Other

- Documents all activities using Mind’s ICT system and processes
- Actively participate, contributing to your team and wider organisational initiatives
- As a member of a multidisciplinary team utilize your lived experience to inform the work of the team
- Undertake relevant training and professional development, including regular supervision including the Mind 5 day peer support training and Peer Practitioner Community of Practice
- Take personal responsibility for the quality and safety of work undertaken
- Other duties as delegated

Reporting relationships

Reports directly to the Service Manager

Position requirements

Core Requirements
- Lived experience of mental ill health and recovery AND the ability and willingness to use this to inform your work and the work of the team
- Tertiary qualifications (minimum certificate IV) in Mental Health, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind
- Certificate IV in Training and Assessment is highly desirable
- Previous experience in training and group facilitation
- Current valid Driver’s Licence
- Current National Police Record Check
- Current Blue Card Check
- Not listed on the Disability Worker Exclusion Scheme list

Key capabilities

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<th>Description</th>
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<tr>
<td>1</td>
<td>Responsiveness (PA-Res-2)</td>
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<td>2</td>
<td>Resilience (PA-RES-2)</td>
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<td>3</td>
<td>Communication (RS-Com-2)</td>
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<td>5</td>
<td>Commitment to team (RS-Ctm -1)</td>
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<td>6</td>
<td>Problem solving (RE-Pro-2)</td>
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Conditions of employment

This position is full time fixed term or part time fixed term working up to 38 hours per week until 30 June 2019. Working days will generally be Monday to Friday, worked between the hours of 8am to 6pm as required.

Please note that the work pattern may be subject to change to meet the needs of the service.

You are able to salary package a tax free amount, which is currently up to $15,900 per FBT year, plus other items including meal and entertainment and accommodation. The amount available for salary packaging will be subject to Commonwealth legislation as it applies from time to time and on the basis that Mind will not incur any liabilities for FBT. Mind offers salary packaging through an outsourced provider (currently RACV Salary Solutions).

Other conditions are as per Mind’s industrial agreement.

Employer superannuation contribution will be paid according to the legislative requirement.

Appointment is subject to a six month probationary period of employment.