Community Mental Health Practitioner
Level 2
Peer Practitioner
(Clinical partnerships)

Mind Australia Limited is a leading community managed specialist mental health service provider. We have been supporting people dealing with the day-to-day impacts of mental illness, as well as their families, friends and carers for 40 years.

We provide practical and motivational support that helps people develop the skills they need to move on, thrive and improve the quality of their lives. It’s an approach to mental health and wellbeing that looks at the whole person in the context of their daily life.
Position details
Community Mental Health Practitioner - Peer Practitioner

Position reference 18817
Position type Part time fixed term until 29 June 2018 working 19 hours per week
Classification Community Mental Health Practitioner (CMHP) Level 2 CMHP 2/1
Remuneration $53,830 per annum pro rata plus 9.5% superannuation and salary packaging
Service Post-Discharge Peer Support Initiative (PDPSI)
Area/division/state North West Residential Services /North West Victoria /VIC
Effective date October 2017

Position purpose
To provide services to clients, families and carers in line with Mind’s Model of Recovery Oriented Practice by sharing knowledge gained from personal lived experience of mental ill-health and recovery in a manner that supports, empowers and inspires hope.

The peer practitioner works as part of a broader multidisciplinary team, with lived experience being the unique specialist lens that they work through.

Service information
Austin’s North East Area Clinical Mental Health Services (NEAMHS) and Mind Australia have developed a collaborative partnership to enable clients with severe mental illness to receive both clinical intervention and treatment and active support for their recovery in a safe and supporting setting.

The Expanding Post Discharge Support initiative provides a new approach to the provision of post-discharge support. This initiative reflects recovery practice principles as a key service delivery objective, providing tailored support in the immediate post discharge period, to minimise the risk of re-admission to an inpatient unit.

The Austin Acute Psychiatric Unit (APU) is a 19 bed facility providing inpatient mental health care for residents in the north east local Government areas of Nillumbik and Banyule. With an average length of stay of 12.3 days the APU completes almost 500 discharges per year.
## Key responsibilities

| **Provide direct support to individual customers** | • Utilise lived experience, knowledge and abilities to engage with consumers and family carers and support information sharing and service navigation  
• Provide at least three community follow up contacts within the first 28 days following discharge from APU (in addition to the standard one visit by a clinician within seven days)  
• Assist in the identification of consumers admitted to the APU who are at risk of readmission after discharge  
• Contribute to effective discharge planning (including peer worker contacts during inpatient stay and discharge) to address needs that impact successful discharge including meaningful community engagement, supporting, sustaining and strengthening caring relationships, accommodation, referrals, follow up and support  
• Provide tailored support to people discharged from acute mental health units which utilises principles of peer support, self-identified support needs of consumers, which has a focus on personal recovery  
• Promote client resilience/capacity building and social inclusion activities as well as promoting external community involvement and networks  
• Support the principles of hope, empowerment and choice in service planning and individual delivery of care  
• Provide peer to peer opportunities which recognise the strengths and abilities of service users  
• Minimise risk of readmission through client familiarisation with long-term receiving service, handover of client progress, identification of next service rehabilitation and recovery goals, and transition of supports that were being provided by PDPS Worker  
• Support consumer feedback through the consultation frameworks of Austin Health and Mind through positive relationships with consumer consultants and the consumer and carer engagement team |
| **Provide support to team members** | • Provide lived experience perspective to team and systematic advocacy to support team members in carrying out their responsibilities |
| **Work with local service providers** | • Engage with customers to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections  
• Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community |
| **Other** | • Documents all activities using Mind’s ICT system and processes  
• Actively participate, contributing to your team and wider organisational initiatives  
• Undertake relevant training and professional development, including regular supervision  
• Take personal responsibility for the quality and safety of work undertaken  
• Contribute to service delivery improvements  
• Other duties as delegated |
Reports directly to the Service Manager

Position requirements

Core Requirements
- Tertiary qualifications (minimum certificate IV) in Mental Health, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind
- The Peer Support Worker is required to have a personal lived experience and recovery journey of mental illness and therefore provides the added value of their lived experience to the team learning and client support work
- Current valid Driver’s License
- Current National Police Record Check
- Current Working With Children Check (Employee)
- Not listed on the Disability Worker Exclusion Scheme list

Key capabilities

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Resilience (PA-RES-2)</td>
<td>Remains calm and optimistic and supports others in working through challenges</td>
</tr>
<tr>
<td>2</td>
<td>Responsiveness (PA-Res-2)</td>
<td>Models resourcefulness and a positive, solution focused approach to a changing environment</td>
</tr>
<tr>
<td>3</td>
<td>Customer service (RS-Cus-2)</td>
<td>Models and promotes flexible and customer focused standards of customer service</td>
</tr>
<tr>
<td>4</td>
<td>Communication (RS-Com-2)</td>
<td>Models effective clear confident communication, active listening and supports others to do the same</td>
</tr>
<tr>
<td>5</td>
<td>Commitment to team (RS-Ctm -1)</td>
<td>Actively cooperates and contributes to team discussions with a focus on creating solutions</td>
</tr>
<tr>
<td>6</td>
<td>Problem solving (RE-Pro-2)</td>
<td>Applies logic, judgment and data to address issues and invites collaboration</td>
</tr>
</tbody>
</table>
Conditions of employment

This position is part time fixed term working 19 hours per week until 29 June 2018. Working days will generally be Monday to Friday worked between the hours of between the hours of 8am to 6pm as required.

Please note that the work pattern may be subject to change to meet the needs of the service.

You are able to salary package a tax free amount, which is currently up to $15,900 per FBT year, plus other items including meal and entertainment and accommodation. The amount available for salary packaging will be subject to Commonwealth legislation as it applies from time to time and on the basis that Mind will not incur any liabilities for FBT. Mind offers salary packaging through an outsourced provider (currently RACV Salary Solutions).

Other conditions are as per Mind’s industrial agreement.

Employer superannuation contribution will be paid according to the legislative requirement.

Appointment is subject to a six month probationary period of employment.